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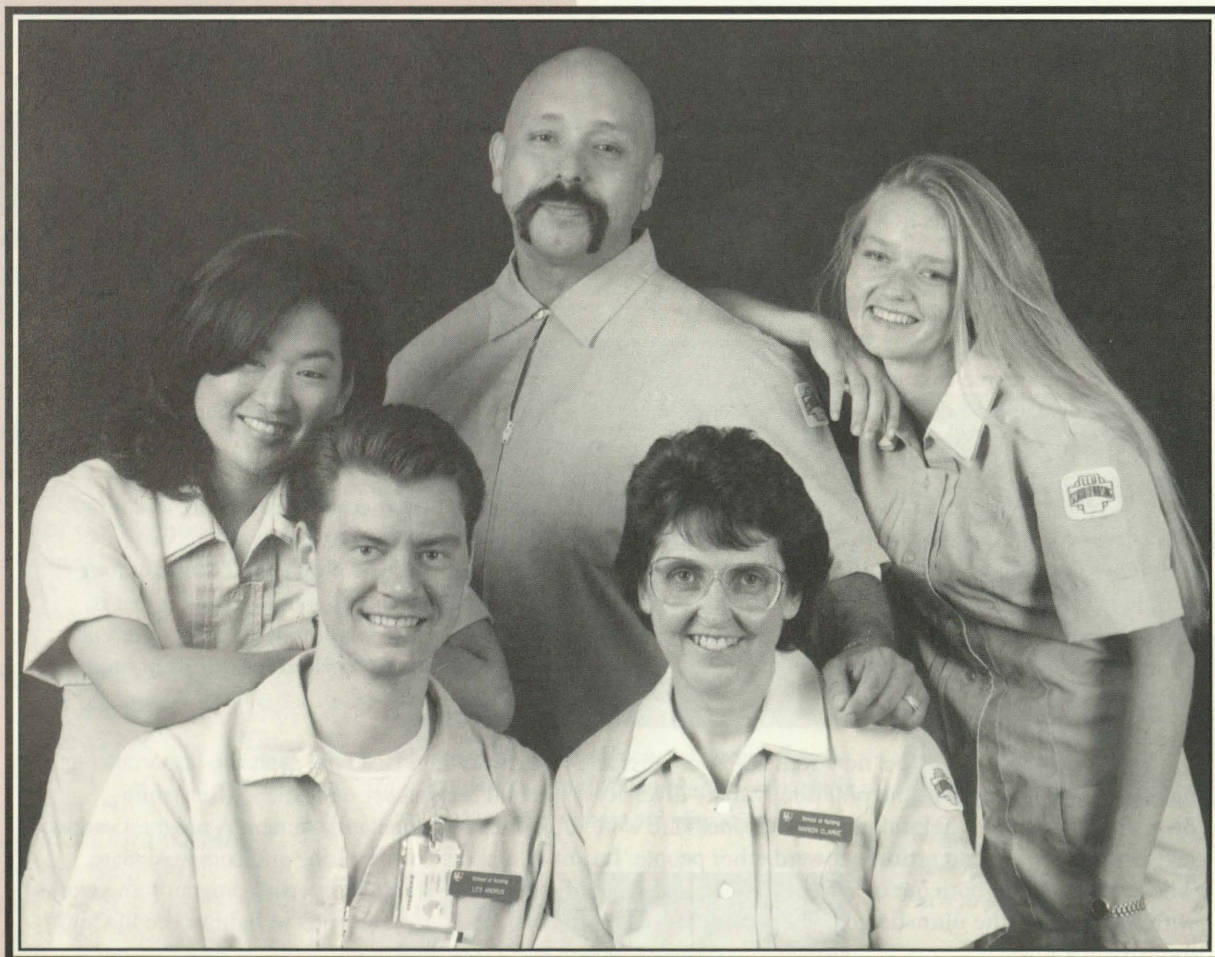
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Loma Linda

NURSE

Summer 1996

Vol. VI, No. II



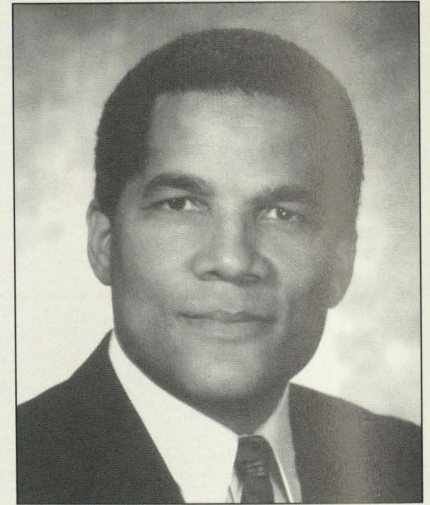
FROM SIMILARITY TO DIVERSITY

Examining changes within the student body

Inside:

- Celebrating the non-traditional student
- The way we were...again
- Alumni Weekend 1996

A message on diversity



Delbert W. Baker, PhD

Dear Friends:

Some people celebrate it, others resist it, and still others don't know much about it. One thing is sure: diversity can and does evoke a response. Diversity remains at the center of discussion and often controversy in our society.

The term diversity was made popular in human relations some two decades ago. Then, and now, diversity involved much more than race and gender. Diversity is a broad term that speaks to the vast differences found in the human family. It speaks to variety and the multiplicity of dynamics found among people in different countries, communities, and organizations. Diversity is neither good nor bad, it just is. Diversity says that people, whatever their age, race, gender, religion, physical condition, learning differences, or international origins, have value and worth and should be respected and appreciated regardless of their differences.

Diversity can cause a new sense of awareness and understanding. LLU has seen the importance of diversity and has accepted the philosophy that "diversity is integral to a quality education." But while diversity programs are helpful, the real advances are won in the hearts of men and women. A program cannot legislate a positive heart attitude toward other people. It cannot make a person caring and compassionate. These attitudes are born out of a spiritual heart and love for others. While much diversity programming works with the exterior, the ultimate goal of diversity at LLU is to change and soften hearts in light of the life and ministry of Christ.

I trust you will find this issue on diversity inspiring. It shows how the commitment of the School of Nursing is making a difference in the area of diversity at LLU. Whether it is a chapel program, a small group, a trip to the Museum of Tolerance, or an effort to make education more accessible to underrepresented groups, the School of Nursing is seeking to make the goals of diversity a reality. We congratulate them.

Sincerely,

A handwritten signature in dark ink that reads "D. W. Baker". The signature is fluid and cursive.

Delbert W. Baker, PhD
Special Assistant to the President
Director of Diversity

Loma Linda NURSE

Summer 1996

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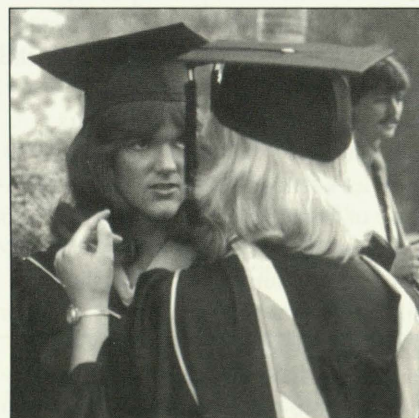
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Although nurses' roles have changed greatly in the past 90 years, patient care is still given the highest priority. See page 4.



Mary Monteith '22 and Edythe Cone '62 were among those visited "On the alumni trail." See page 23.



To look back over 90 years of memories with the School of Nursing, turn to page 10.

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Cover story: Loma Linda Nurse discusses diversity and chronicles the changes in the student body during the past 90 years.

CELEBRATING CHANGE

...the student body grows more diversified

There is nothing permanent except change

To paint a portrait of the “typical” nurse would be a difficult task. Images of white pinafores and starched caps come to mind, quickly to be pushed aside by visions of pinstripes and polyester pantsuits. If asked 50 years ago what a nurse should look like, the answer would have been much different 30 years ago—10 years ago—today.

So let’s start at the beginning. In the case of Loma Linda University School of Nursing, that would be 1905. What was the “typical nurse”? What did she look like? Who was she? In *From Pinafores to Pantsuits*, Maxine Atteberry describes one of the first nursing students:

“She wore the traditional blue and white striped dress. It had long sleeves and white cuffs, which were so stiffly

“In 1996...nursing...exudes diversity. Ethnic and racial, age and gender, purpose and goals: the key word is diverse.... There is no longer such a thing as the ‘typical’ nurse.”

starched that they had to be removed when caring for patients.... The neck of the dress was high with a detachable white collar, reminding one of the collars worn by Catholic clergy. The pinafore-style apron was of white sheeting with a bib and gathered skirt. The bib was almost square, with two-inch straps going over the shoulders and crossing in the back. The apron was also heavily starched and made a pleasant rustling sound as students hurried down the hall.”

Quite a different image than what



One of the responsibilities given to Loma Linda’s earliest student nurses was to keep the kitchen staffed and running. Here, a smiling student appears to enjoy peeling potatoes.

nurses project today. For not only has the uniform of a student nurse changed drastically in the last 90 years, but also his or her overall appearance, duties, and career goals. No longer are we seeing the young, single female student who aspires to work in a hospital setting. Today we find men and women of all ages, nationalities, and stages of life entering the nursing field for a variety of reasons.

“Nursing is a versatile field,” explains Helen King, PhD, RN, dean of the School of Nursing. “Our students choose nursing for various reasons, not the least of which is because it serves as an excellent starting point for many other careers.”

In 1996, the nursing profession exudes diversity. Ethnic and racial, age and gender, purpose and goals: the key word is diverse. In this era of change, there

is no longer such a thing as the “typical” nurse.

Consider this: the total student body of 307 during the winter quarter of the 1995-96 school year at the School of Nursing yielded 165 students of ethnic descent. This number represents 54% of the population, a fairly accurate portrait of the entire student body at Loma Linda University. The largest ethnic groups represented in the School of Nursing are Asians (31%) and Hispanics (17%), with African-Americans (3%) and other groups (3%) making up the rest.

These numbers are a far cry from the Anglo-Saxon roots with which we began. Janet Fletcher Lane ’23, remembers what it was like to be one of the first black students at the School.

"I was aware that prejudice existed back then," she comments. "But even though I felt a little different, being one of only two ethnic students in a class of 36, I never felt discriminated against at Loma Linda."

But ethnic diversity is certainly not the only means through which change in the School can be viewed. What about the age factor?

In the School of Nursing board meeting minutes from June 26, 1927, we read that "After considering Christine Johnson's application it was voted not to accept her because of her age (45 years)." Today the School's most mature student is a proud 53 years old.

Certainly things changed as the School grew, didn't they? Not as quickly as one might think. The 1945 school bulletin for the School of Nursing informed students that in order to gain admission into the School, they had to be between the ages of 19 and 35 except in special situations which had to be examined by the administration. What those situations were remain unclear. Nevertheless, today 48 of our students are over the age of 35.

A related topic is the marital and/or parental status of nursing students. On September 2, 1925, it was voted that "hereafter it be the policy of the School of Nursing that married students be accepted into the School the same as

unmarried students, and that no differences be made in their affiliation time because of being married."

Hence, we can assume that up until that time, married students were not accepted into the School, or at least were treated somewhat differently than the traditional unmarried students.

By 1929, although married students were being accepted, there was a further stipulation about child-bearing that required that "married women who are in training (and) become pregnant...must drop out of training and reapply in the usual way if they wish to re-enter at a later date."

Today, about one-third of our full-time undergraduate students are married, many with children. Although

Sharing the burden: a profile of caring in the School of Nursing

Obtaining a nursing degree can present quite a challenge for the average person. The constant barrage of quizzes, tests, work commitments, and extracurricular obligations almost seems too much to handle at times. Now imagine having to deal with all of this, and raising a family by yourself. For 13 students in the School of Nursing, this has become a way of life.

Single-parent families. Although they are not in an ideal situation, these courageous women learn how to juggle their families, as well as their academic commitments, while still trying to make time for themselves.

"Every quarter I wondered how I was going to make it through school," says Karen Stoltz, a senior nursing student whose 8-year-old son was 5 when she started her program. "I always seemed to be pressed for time and that took time away from my son."

One person who understands this situation is Lorna Kendrick, MS, RN, an instructor at the School of Nursing. Having gone through the nursing program herself with three elementary school-aged children,
Please turn to page 9

it is admittedly more of a struggle for those with families, most seem to manage quite well with their many responsibilities, often striving to include their spouse and children in their educational process.

The School of Nursing also welcomes single parents, of which there are about 13 currently enrolled. (For more on single parents, read "Sharing the burden...." above.)

And what about men? Does the old stereotype regarding women and nursing still remain? Are women still looked upon as the only competent nurses? Not at Loma Linda!

The latest statistics from spring quarter tell us that of the more than 300 undergraduates enrolled at the School of Nursing, 60 are men.

That means that at least 20 percent of our current student body will never earn the nickname "Florence Nightingale" or anything similarly female-oriented.

The diversity manifested in the School of Nursing gives students more

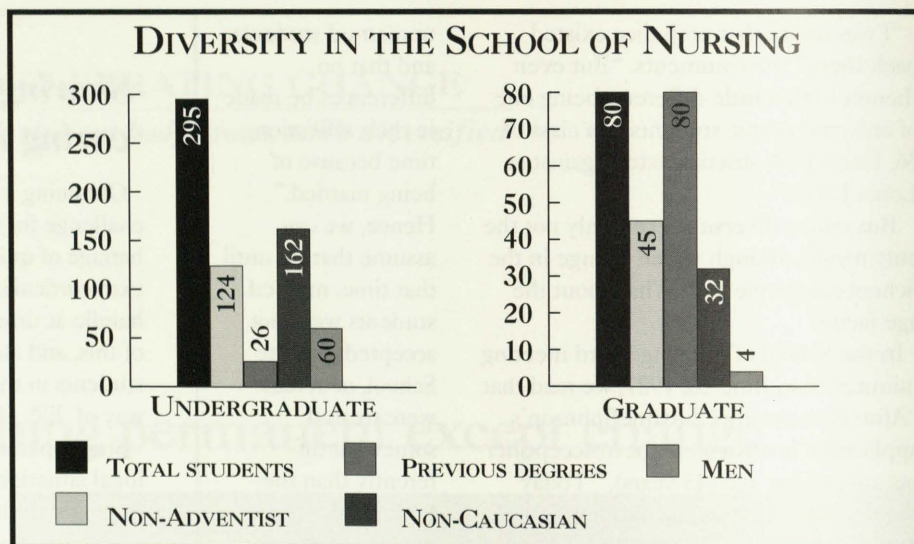


The nurses' role is constantly changing. Pictured above is the first School of Nursing graduate to become a transport nurse with Loma Linda University Medical Center.

career possibilities than ever before. Besides doing quarterly rotations at Loma Linda University Medical Center, they are now offered experience at Loma Linda veterans' hospital, Riverside

...It is comforting to see that the School of Nursing exhibits a willingness to keep in step, and to change and grow in accordance with the times.

General Hospital, San Bernardino County Detention Juvenile Hall, Social Action Community (SAC) Health System clinics, and various area schools, depending on which rotation they are doing. These experiences give students a wider view of nursing, and more career



The School of Nursing enjoys a diverse population in both its undergraduate and graduate programs. The chart above shows the demographics in the School of Nursing as of spring quarter, 1996.

School of Nursing field trip promotes tolerance

In light of our celebration of diversity in the School of Nursing, we wish to highlight one field trip that is designed to promote ethnic and racial tolerance among the student body. Under the leadership of Eva Miller, MS, RN, and Bernie Irwin, PhD, RN, community health nursing and community mental health nursing classes visited the Museum of Tolerance in Los Angeles, California, during the winter and spring quarters. Here, in their own words, are students' impressions of the trip.



Uzma Malik-Verk '96

Married, no children.

Originally from Pakistan; has lived in California since she was a teenager.

Has already been working in critical care with a freelance agency; will continue to do so.

Had not been to Museum before.

Was the trip anything like you had expected?

I didn't have any idea what it was going to be about. I cried all day long. I didn't expect that at all. It was an emotionally heavy day.

What did you find the most impressive or shocking?

There were a lot of videos being shown. There was one (I could still cry

just thinking about it) where they showed a hospital during WWII where they were just cleaning out a town of Jews, and they went in and took all the patients out and they threw the babies out of a second-story window into a truck and hauled them away. We were all in a dark room when we were watching this video, and all you could hear was sobbing. Everybody was crying.

Do you view life differently after going on this trip?

Yes. My husband is Jewish, and I'm Muslim, so we are a very diverse family. What this trip did was open my eyes. It freed me from a lot of feelings that I have had. I think everybody in their minds makes up ideas about people, and you don't even know sometimes when you have prejudged notions about people. I think I let go of a lot of that.

Would you recommend the Museum to others? Why or why not?

Yes. Because the experience is so profound that everyone can learn something from it. So many people look at the Holocaust and think that if you're not Jewish or if you're not European, you can't learn anything from it. But this Museum talks about our country, and it talks about our future and our past, so I think that it's very relevant to everyone.



Kathie Elloway '96

Married with three children, ages 16, 13, and 8.

Originally from Canada; has lived in and traveled all over Asia.

Hoping to get into OB, and would eventually like to get her MS in OB. Had not been to Museum before.

What were your initial thoughts when you heard about the field trip?

options in the future.

Nurses' career choices are becoming more diverse. Although many nurses continue to find work in the more traditional hospital setting, today's nurses are often offered positions in foreign countries, assisting with nursing education and clinical training, in various community health organizations, or in governmental work.

Thus, the scope of a nurse's duties are continually being expanded upon.

In today's world—a world that demands diversity in ethnicity, culture, gender, and age—it is comforting to see that the School of Nursing exhibits a willingness to keep in step, and to change and grow in accordance with the times.



Though nurses' roles now extend far beyond the hospital setting, the patient is still at the core of the profession. Today's nursing students are required to spend many hours learning patient care.

I thought "Oh no, just another field trip!"

What was the one thing that you will always remember from this trip?

I think the thing I found the most fascinating was how we were each given a card with the name of someone who had been a victim of the Holocaust. At the end of the day we put the card into a computer and received a printout with information all about that person. I got two: a baby and a little girl. That made the Holocaust so much more real for me.

(Editor's note: many of the children were victims of medical experiments and eventually killed.) The great thing about this Museum is that it not only teaches you all about the Jews and the Holocaust, but it brings racism and bigotry into perspective for us today. We all think that nothing like the Holocaust could ever happen today, but when you think about the LA riots and other racial problems, you can see that we all still have that potential.

Do you view life differently after going on this trip?

I was fortunate to have lived in and traveled around a lot of countries when I was growing up. Because of this, I have always thought that I am open-minded

and not prejudiced at all. But seeing how racism and bigotry are still so prevalent in our society today makes me want to be even more careful how I act.

How will what you learned affect your daily life?

As my children grow up, I try to raise them in a prejudice-free environment. I don't want them just to act a certain way because it's the "right" thing to do. I want it to become part of their life to treat everyone equally.



Holly Rochford '96

Married with two children ages 7 and 11.

Born and raised in Redlands, CA.

Hopes to go into critical care and work for a few years.

Had not been to Museum before.

What were your initial thoughts when you heard about the field trip?

I thought, "Oh great, this is going to take too long!"

Do you view life differently after going on this trip?

Definitely. It is so scary to see how prejudice still affects us today.

I think sometimes people don't realize that what happened in WWII could still happen today if we aren't careful.

How will what you learned affect your daily life?

I try not to have biases against others based on their culture or race.

Sometimes it's hard not to think a certain way about a certain group of people, but the Museum shows what can happen when prejudice gets out of hand. I don't ever want anything like the Holocaust to happen again.

What did you find the most impressive?

[The Museum] had lots of high-tech, visually stimulating displays everywhere. The videos and displays made everything so much more real for me.

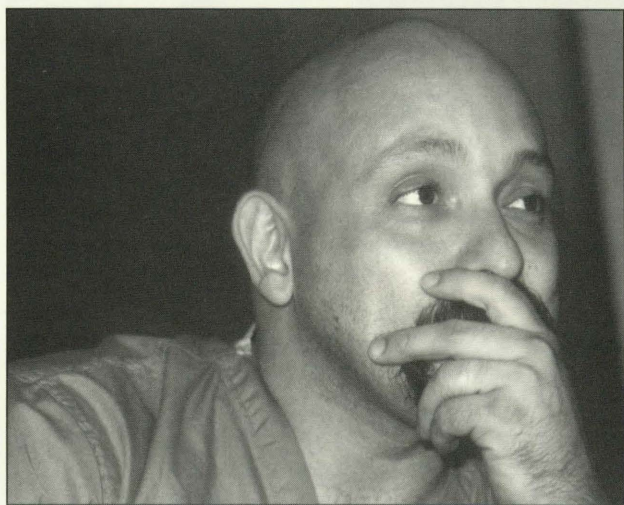
Would you recommend the Museum to others? Why or why not?

I think that everyone should visit the Museum of Tolerance.

It is a very powerful and enlightening experience that shows what racism and prejudice can do to a society.

Student highlights

A new feature in *Loma Linda Nurse*, "Student highlights," will profile outstanding students in the School of Nursing. In keeping with our theme of diversity, in this issue we feature two of our male nursing students.



Joseph Rodriguez is a junior in the School of Nursing. Once a gang member, he now spends much of his free time visiting local schools and youth groups, sharing his story.

"What's the first thought that comes to your mind when you look at me?" The question is posed to an eager crowd of wide-eyed children who sit staring in wonder at the imposing, tattooed figure towering over them. Answers ring out around the circle—timidly at first, then growing bolder: "Gangs!" "Jail!" "Drugs!"

A grin stretches across the mustache-lined mouth. "I didn't hear anyone say 'student,'" the deep voice chides. Then for the first time you notice that the man is indeed clad in a Loma Linda University T-shirt: typical student apparel.

Meet Joseph Rodriguez. A junior nursing student at Loma Linda University School of Nursing, Joseph spends much of his free time visiting area schools and youth groups, sharing his story with kids. Born and raised in East Los Angeles, Joseph was one of seven children. Although he aspired to be a doctor, he dropped out of school in ninth grade, returning to finish high school just two years ago.

Several years and numerous jobs later,

Joseph began his nursing studies at Loma Linda University School of Nursing. Accepted at the University of Southern California as well, Joseph chose Loma Linda because of its core Christian beliefs and accepting faculty.

Joseph has not had an easy life. Raised in an inner-city environment where he faced constant gang and criminal pressures, he did not always make the best decisions. It was when he was at the lowest point in his life that

Joseph finally turned to God.

"I grew up with a superficial religious background like a lot of people do," Joseph explains. "It was only when I knew I was going to die that I accepted Christ into my life."

Now married with three children, Joseph is discovering that being back in school is a bit of a financial challenge. In spite of this, he tries to teach his family what he feels is really important in life: Christianity and education. For him, these components fit neatly together in his work at the Social Action Community Health System (SAC Health System) clinics, located in nearby San Bernardino.

The SAC Health System clinics, owned by Loma Linda University and run by Loma Linda faculty and students, are the primary source of low or no-cost health care for the underserved population surrounding Loma Linda. Although much of the work is done on a volunteer basis, Joseph is one of a handful of nursing students who is paid

through a work-study program. This helps him combat some of his educational costs.

Many of SAC Health Systems' patients are low-income, Spanish-speaking people. Joseph's life experiences have made it easy for patients to relate to him, and he to them. With a foot in both worlds, he serves as a kind of liaison between Loma Linda University and the patients at SAC Health System.

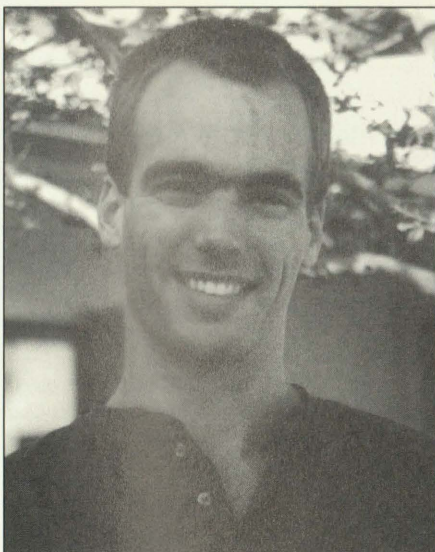
"A lot of people in this area don't come to the (Loma Linda University) Medical Center because they don't feel they can afford the care," Joseph explains. "The SAC Health System clinics are an extension of Loma Linda University in an area that needs a lot of help. Loma Linda is doing their own mission work right here in San Bernardino, and by people sticking out their hands and by saying—'Hey, we can help you,' we are showing them what Christianity is all about."

Joseph believes in the concept of practical Christianity. It is not enough, he says, to know Christ for ourselves. The true meaning of being a Christian is reaching out to others and sharing Christ with those who don't know Him.

This is what he loves about Loma Linda University. He feels that, through his education at the School of Nursing, he has learned more about God, and more about what he personally can do for his fellow humans.

This is Joseph's creed: "Educate me. Teach me. Show me something so that I can go back and utilize it for those who don't have anything. That's what I want to do. That's what education is for."

Editors' note: Joseph is currently raising money to take his wife and children to Peru on a mission trip this summer. This is one more way in which he is putting his belief in Christian education into practice.



Tom Falter is a senior School of Nursing student. After graduation, he plans to begin taking prerequisite courses to enter the School of Medicine. His ultimate goal is to become an orthopaedic surgeon.

Nursing is often praised for its versatility. One person who can attest to this quality is Tom Falter. A 23-year-old senior, Tom entered the School of Nursing with a long-term goal: to become a surgeon.

Originally from Kalama, Washington, Tom started out with a business major at Pacific Union College in Angwin, California. While taking a year out from his studies, he realized that his real goals in life were to interact with people and help others. Enter nursing. Since beginning the program at Loma Linda University School of Nursing, Tom hasn't regretted his decision for a moment.

"Nursing is a great career—both in itself, and as a steppingstone for other professions," says Tom. "There is so much mobility in nursing, and it's a good job if you love people."

Just spend a few minutes with Tom and you can tell that he really does love people. Currently the Associated Students of Nursing (ASN) president, his future goals include learning Spanish and serving as a missionary in a Spanish-speaking country.

In his (albeit limited) free time, Tom enjoys outdoor activities such as camping, skiing, and rock-climbing, "all kinds of sports," and spending time

with his 4-month-old nephew, dubbed "King Master Sir Benjamin." All this, and medicine, too.

Soon after he graduates, Tom plans to start taking his prerequisite courses for medical school. His dream is to eventually become an orthopaedic surgeon.

Tom says that he appreciates the dedication of the School of Nursing faculty members, who have helped him not only academically, but also with the variety of ASN activities that he has planned this year. He does admit, however, that he would like to see more male teachers in the School, as he feels that both male and female nurses have a lot to offer.

Well Tom, if you change your mind about medicine, come talk to the School of Nursing!

Sharing the burden...

Continued from page 5

she knows what a struggle it can be. Her desire to help others currently in this situation has motivated her to start a support group for single-parent families.

The group, which has met once so far, is open to all single parents within the School. Lorna plans to meet every one to two weeks to discuss concerns dealing with school, family matters, or anything else group members feel is meaningful.

"The most important thing to remember when you are in a difficult situation is that you are never alone,"

says Lorna. "Sometimes just being able to share your feelings is half the battle."

Lorna feels that the group process is a positive way of relieving stress.

Members are able to build rapport, talk about expectations, and share experiences. In this way, they can learn from others how to deal with the problems facing them.

School of Nursing faculty members have been especially supportive of this project. One member in particular, Earline Miller, PhD, RN, assistant professor of nursing, has offered her assistance in group meetings.

"I feel that Christ intended for us to work together to support each other," says Earline. "There is a real need for single mothers to be supported because school is hard enough as it is."

As for specific suggestions for single parents, Lorna says that students should feel free to ask for help when they need it, try to get involved with other students—both single and married, and encourage their children to be part of their academic life.

In her own situation, Lorna took her children to classes with her. The result of this was that when she graduated, they experienced "success as a family." In addition, her children now take their own schooling very seriously.

Further group meetings and occasional social activities are being planned for the single-parent group. To find out more, contact Lorna Kendrick at the School of Nursing.

H.O.T. Secondhand Store

The Alumni Association's H.O.T. Secondhand Store is seeking donations of quality items, including new and used furniture and appliances. Volunteers are needed.

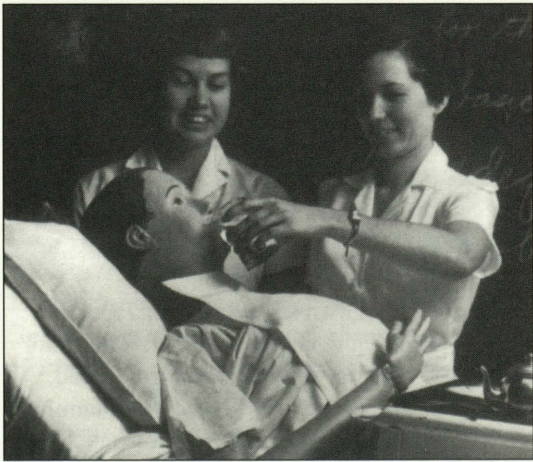
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THE WAY WE WERE...AGAIN

...cherished times in the School of Nursing

90 years of memories

One of the most popular features in our last issue was our School of Nursing memory section. We printed as many as we could, but every day we kept receiving more. Here are a few more memories that we particularly enjoyed. We are sure that you will, too.



Student nurses find it more difficult to feed a patient who won't cooperate.

"My most vivid memory of my days at LLUSN include having my new husband become ill on our honeymoon and having to drop out and go to work. I had just completed my sophomore year and was looking forward to starting in surgery after my summer break. We were married on August 18, 1955, and I was not able to continue my schoolwork as there was no money to pay bills. I stood beside his hospital bed and cried, not because he was so sick, but because I was having to drop out of school. That didn't make me very popular with him! It took 16 years for me to get back into school and finish my classes.

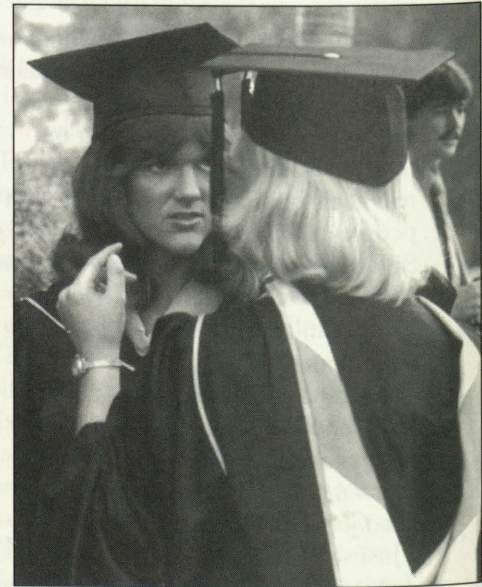
—Helen Diane Heft Owens '57B

"My most memorable time at LLUSN was when Lydia Toppenberg-Towns and I carpooled to LLU together. She would make breakfast for us and we'd review our nurses' notes on the way to school while eating toast, cornmeal mush, and cheese (Lydia's favorite), and laugh all the way. She took Boards with me at the L.A. Sports Arena. When the results got back, Lydia went to my mailbox, looked to see if my envelope was fat or thin, saw it was thin, then opened it. In her excitement, she called the School of Nursing with a 911 message for me to call her STAT! The emergency was Lydia yelling and screaming, 'You passed your Boards!'"

—Ernestine Huff-Dew '83

"My graduation was a memorable one for my family, so my mother was able to come down to participate in this special time. Wonderful! But—she arrived on Friday and the following Sunday I began a two-week hospitalization for pneumonia. I was still at 'absolute bedrest' when it came time for her to return home. My dear classmates very kindly took Mom to graduation exercises where I graduated in absentia. At that time it was a really big production with graduates from all the schools (medicine, two nursing schools, etc.) participating. My illness was a disappointment of course, but we all lived through it in good fashion."

—Bethel Craig-Wilson WM'42



"Is my tassel straight?" School of Nursing graduates get ready for their final test: the march down the aisle.

"I remember the earthquake of February 1971. After it shook the dormitory at White Memorial, in the early morning, we all gathered on the stairs and the dorm mother prayed, 'Lord, if this is our time to die, please let it be quickly.' That's when I left and went back home to Buena Park."

—Jo Nell Tillman Tyson '71, '76BS

"The 'blowouts' were my favorite time. An announcement would be posted to meet in the rec room. We wrote a song which we sang as a candle was passed around in a circle. The person who wanted to announce their engagement would blow out the candle."

—Anita Bartholomew Manning '70

"Theme of the Bedpan Pushers"

(Song written by the class of '68 for the class of '70; sung to the tune of "Winchester Cathedral")

School of Nursing we love you.
We'll always be true.
Our bedpans are lifted to dear LLU.

Our hands rough and reddened,
Our feet blistered too.
No service or hardship
Is too much for you.

Though we're starting out
We're willing to learn.
We'll clean up the mess.
Yes! Yes! Yes!
For to be good nurses we yearn.

For three years we'll bear it.
What else can we do?
Our degrees are granted
By dear LLU!"

—Susan G. Sands Bruce '70



Today's student nurses have lifelike mannequins on which to practice their procedures.

"The class of '56A was a mischievous, young, innocent, very likeable bunch of girls. Among my memories from the School of Nursing are the day Laurene Meyer Westerhout had a skunk in her room, the evening someone stole all Nellie Malkowski Kingery's clothing while she was cleaning up in the shower after a hard day's work, Agnes Nishimori Ward's ukulele serenading, day or night, and Nancy Steen conducting funeral services for the dead bird found on Kate Lindsay Hall's lawn."

—Jane Sato Harada '56A

"A student nurse friend of mine and I were assigned to care for two medical students recovering from 'flu' and needing a little rest. My friend and I could hardly believe our good fortune. You may be sure our fomentations were the hottest and the backrubs the most thorough we could produce. Incidentally, we both went to the mission field; each one married to one of our patients—one to Ethiopia and the other to Nigeria."

—(Katherine) Erville Smith Allen WM'40



A rousing game of blind man's bluff was a sure-fire social mixer played by nurses and their gentlemen friends (1911-1920).

"During my pediatric rotation at the 'White' there was a 7-year-old autistic little girl who was a long-term patient due to a chronic kidney condition. Throughout my rotation, she never said *anything to anybody*. However, she would follow me around whenever I was on duty and watched intensely as I cared for the other children. Just a few days before the rotation ended, I had an unexpected absence from the unit...a couple of weeks later, I was sent to the pediatrics unit on an errand. This sad-eyed little girl ran up, threw her arms around my white starched pinafore, and blurted out 'where was you?' These were the first words she had spoken through her entire hospitalization. It was a thrilling, heartwarming experience."

—Ruth M. Cipriani Harris '58A

A time for reflection

As professionals, it is easy to get caught up in the little details of our job, and we sometimes forget why we chose nursing as our career. Often it takes someone else to remind us what it is that we love about our job, and how we can attach some meaning to each task that we do. The following poems were written by Lian Ishikawa, a sophomore nursing student, to help remind us why we are nurses.

What makes one nurse different from the next? All wear the same name pin, with credentials tacked alongside. All can give meds, change beds, and write diagnoses. So, what makes a "good" nurse a "great" nurse? A great nurse not only administers meds, but does so with a smile. A great nurse supersedes the minimum and provides the maximum in patient comfort—an extra pillow, a new toothbrush. A great nurse takes pride in his/her work, from making a bed to changing an IV, a competent hand is standard. What makes a great nurse is the ability to ask the right questions, at the right time; to foresee difficulties before they arise. A great nurse is someone I can trust. Someone I can feel comfortable with in my naked and vulnerable state. Someone I can confide in and know that my information will be held in confidence. Someone who laughs and is fun to be around. What makes a great nurse? A loving heart and caring hands, to all those around.

Through his eyes
a world where time is still.
Horses and buggies,
speeding along at 13 trots a minute
on winding dirt roads.

Model T's, windswept hair
tossling in the face
of a bright-eyed boy.
Top hats and suspenders,
adorned in splendor.

A time
when right knows wrong,
and says so.

A time for men
who challenge
and dream.
Dream dreams of far-away countries,
girls in white sashes.
The sweet sound of freedom's bells
proclaim liberty and justice for all.

Now alone
blood-stained gown
limply
draped on a naked skeletal frame.
Restrained
Frightened
Confused
Alone
In a sterile hospital bed.

NEWS UPDATE

...recent happenings in the School of Nursing

Nursing honor society has productive year



Lois Van Cleve, PhD, RN, associate dean, graduate program, congratulates Karen Ripley on becoming a new member of the Gamma Alpha Chapter of Sigma Theta Tau. The induction ceremony was held on Friday, June 7, 1996, at the Randall Visitors Center, LLU.

Gamma Alpha, the Loma Linda University School of Nursing's chapter of Sigma Theta Tau International, achieved its goal "to recognize superior achievement, to recognize the development of leadership qualities, to foster high professional standards, to encourage creative work, and to strengthen commitment to the ideals and purposes of the profession" during this past school year.

Some of Gamma Alpha's particularly significant events included the annual scholarly conference, and the end of the year induction ceremony.

The conference, entitled "Empowerment Through Caring: a Commitment to Patients, Colleagues, and Self," was held on Thursday, February 22, from 8:00 a.m. to 1:00 p.m. at the Jerry L. Pettis Memorial Veterans Medical Center auditorium.

The featured speaker was Gwen Sherwood, PhD, RN, associate dean for community and educational outreach at

the University of Texas, Houston School of Nursing.

Dr. Sherwood is a Sigma Theta Tau International distinguished lecturer whose research focus for the past 10 years has centered on caring from varied perspectives. She is a frequent speaker to local, national, and international audiences, and has published articles on caring and suffering as well as on continuing education topics.

The conference focused on nurses' moral duty to care, and how by examining the conflict of competing values to self, colleagues, and patients, nurses will be challenged to maintain a culture of caring.

Dr. Sherwood challenged nurses to rethink priorities, and to consider new strategies in an increasingly high-tech health-care environment. The conference was approved for four hours of continuing education for nurses.

Friday, June 7, marked the turning point for a new academic year in Gamma Alpha. On that day 45 undergraduates, graduates, and community leaders became members of the International Honors Society.

Highlights of the induction ceremony included the keynote address by Ron Norby, who serves as clinical services manager for Veterans Integrated Services Network-Western Region, and the handing out of awards by Lois Van Cleve, PhD, RN, associate dean, graduate program, and Marilyn Herrmann, PhD, RN, associate dean, undergraduate program.

Five awards, including the Clarice Woodward Award for Excellence in Writing, and the Excellence in Nursing Leadership in Clinical Practice Award were given to current Sigma Theta Tau International members.

Please turn to page 15



Community leaders in nursing were sworn in at the Sigma Theta Tau induction ceremony, held at the Randall Visitors Center on the LLU campus.

House of Thrift now named 'H.O.T.'

Frequent shoppers at the House of Thrift are in for some changes over the next few weeks. The most obvious is the outside appearance of the store. Gone are the towering yellow letters spelling out the name House of Thrift. In their place rests a brightly colored placard announcing the arrival of H.O.T. Second-hand Store.

This change has been a long time in coming. Ever since Joni Jones took over as manager in 1990, she has felt the need to modify the name of the store. "The word 'thrift' seems to have a negative connotation," says Ms. Jones. "Our merchandise is higher quality than the merchandise at regular thrift stores, and we want our potential customers to know that."

Ms. Jones' hope is that the new signs (placed on both the north and east sides of the building) will attract more customers who appreciate the kinds of items that are sold at H.O.T.

With the help of her two paid employees and several volunteers, Ms. Jones has also made major alterations on the inside of the store. The boutique, once teeming primarily with women's clothing, now boasts an impressive collection of rare and first-edition books,



New signs proclaiming the new name for the House of Thrift have been placed on both the north and east sides of the building, and are visible from Redlands Boulevard and Anderson Streets in Loma Linda. The House of Thrift is owned and operated by the School of Nursing Alumni Association.

along with the writings of Ellen G. White.

The clothing sold in the boutique is now restricted to new or almost new items, with a much larger selection of men's and children's clothing than before. All previously unsold boutique clothing has now been placed in the main section of H.O.T., and marked down to normal prices.

The rest of the store has been modified

as well, allowing more space between racks, wider aisles, and more room to move around. A more extensive costume section has also been added. All the clothes that were not sold by the end of January were given to the Adventist Development and Relief Agency (ADRA) for distribution to the disadvantaged, courtesy of the Banning Seventh-day Adventist Church.

H.O.T. clears out its clothing racks about every six months, Ms. Jones explains, making room for the dozens of new items that are donated every day. She is grateful for the volunteers who come from Banning to collect, wash, mend, and package up the clothes to send to ADRA.

Ms. Jones invites all faculty, staff, students, alumni, and community members to come see the changes that have been made at H.O.T.

As usual, she encourages donations of clothing, small appliances, and furniture, and welcomes any volunteer help. To get involved with the new and improved H.O.T., please call (909) 796-2812.

Nursing students participate in Out-teach



Nursing students recently showed students from Victoria Elementary School some of the skills nurses use during Out-teach 1996. The event, held in Gentry Gymnasium during spring quarter, was designed to help children start thinking about possible careers.

***Plan now for
Alumi Homecoming
Weekend
April 11 to 14, 1997***

Annual phonathon raises over \$40,000

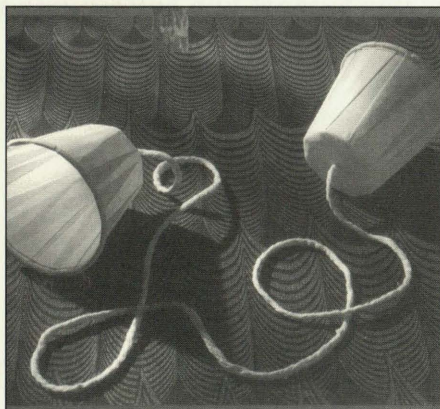
The School of Nursing raised over \$40,000 during its annual phonathon this year. The phonathon, held during the last two weeks of January, is a regular event designed to encourage donations from alumni who have not yet given this fiscal year. But according to Éné Gaines, director of development for the School, it is more than just a fundraising venture.

"The School of Nursing phonathon provides an opportunity for alumni to reconnect with their school," she says. "It also allows students to get to know the alumni, and to draw upon their vast knowledge base."

Students involved in the phonathon received more than just pledges. Through conversations with their predecessors, they were able to obtain free advice about the nursing profession, various specialties, and their future job market.

"I got a lot of good ideas from talking to alumni," says Deseree del Rosario, a junior nursing student and phonathon caller. "Many of them told me about their area of specialty, and wished me the best in my future career."

In addition to having the usual student callers, Ms. Gaines also set up a special faculty night. Although School of Nursing faculty and staff



Nursing faculty were sent copies of the above postcard, inviting them to participate in the annual School of Nursing phonathon. This year's phonathon raised over \$40,000 for student scholarships, faculty development, international nursing, and the Clarice Woodward Endowment.

help with phonathon every year, they traditionally join student callers. This year, they were given the first opportunity to call selected alumni, allowing them to chat with former classmates and students, and to catch up on post-Loma Linda experiences.

Total donations made in 11 days of calling amounted to \$40,240, a slight increase from last year's total of \$40,000. Although special emphasis is being placed this year on student scholarships, contributions will also benefit faculty development, international nursing, and the Clarice Woodward Endowment.

All alumni who could not be reached by telephone received a special mailing inviting them to participate in this year's annual fund.

School of Nursing holds dedication service



It was a time of contemplation and anticipation for 132 nursing students who participated in the School of Nursing dedication service held on Sunday, February 17, 1996.

As friends and family gathered in the University Church, students from the School of Nursing took the International Pledge of Nursing, pledging in part to make and maintain the highest standards and practices of the nursing profession.

Participants, who included sophomore students, transfer students, and students admitted during winter quarter, were presented with porcelain nursing lamps which were lighted as part of the ceremony.

The event was attended by family, friends, and others who wished to show their support of the student nurses as they pledged their lives in service.

Nursing honor society...
Continued from page 13

Also featured at the ceremony was the turning over of the gavel from outgoing president Olivia Catolico, '86GS, to in-coming president Lois Van Cleve, '64GS.

Membership to Sigma Theta Tau International is by invitation through active chapters. Membership assumes acceptance of the purposes of the society and responsibility to participate in achieving the goals consistent with the professional and scholastic character of Sigma Theta Tau. Students in baccalaureate and graduate programs may be admitted to membership when they demonstrate excellence in their nursing programs and have superior academic and personal records.

A message from the Alumni Association president



Dear Alumni and Friends,

It is hard to believe that a whole year has gone by since I first began my duties as Alumni Association president. It has truly been an exciting time in my life, and I thank each of you for the part you have played in the success of the School of Nursing Alumni Association.

I especially wish to recognize my fellow officers: president-elect Dee Nelson Hart '66, '68GS; past president June Jepson Hibbard '57B; vice president for programs Linda Willman Johnson '72B; secretary Linda J. Bell '89; treasurer Judy Crawford Sheldon '67; and assistant treasurer Melba Kindsvater Zimmerman '58B. Along with Anita Pearson Schultz '65 and her husband Mark, these officers have formed the core of the Alumni Association 1995-96, and have been an invaluable support to me. A very special thanks also to Joan Hulse, secretary.

Of course this letter would not be complete without mention of the loyal support that you, the alumni and friends, have given this year. In the 1995-96 school year, the Alumni Association was able to give \$20,000 in student scholarships, \$10,000 to overseas missionaries, \$7,000 to lab assistants (which provides funds for a part-time skills laboratory assistant), \$4,000 for international nursing, and \$1,500 to the loan fund. Much of this money was raised at H.O.T. Secondhand Store. Thank you to Joni Jones and H.O.T. volunteers and employees for your hard work and dedication to this worthy cause.

The School of Nursing is poised on the brink of a new school year. Under the leadership of Dee Hart and the rest of the 1996-97 officers, and with your continuing financial and moral support, I am convinced that the Alumni Association will continue to prosper and grow.

May God bless you in this new academic year.

Sincerely,

A handwritten signature in cursive script that reads "Judy M. Chough Reynolds".

Judy M. Chough Reynolds '87, MBA, RN
President, School of Nursing Alumni Association

ALUMNI WEEKEND 1996

...a time of reminiscing and making new memories

Homecoming weekend is a success

The School of Nursing Alumni Association hosted its annual homecoming weekend April 12 to 15, 1996.

More than 200 alumni came back to Loma Linda for the celebration.

Highlights of the weekend are as follows:

The golden anniversary class (LL1946) helped present the 8:30 a.m. service at the University Church. The class of 1974 helped present Sabbath School, and the golden anniversary class from White Memorial participated in the 11:00 a.m. church service.

After church, all nursing alumni were invited to attend a potluck lunch at the cafeteria. Following this was a vespers program presented by the School of Nursing at the University Church which focused on international mission service within the School of Nursing.

Class reunions, coordinated by each class, were held Saturday evening at individually chosen locations.

On Sunday, April 14, Helen King, PhD, RN, dean, sponsored the Kathryn Jensen Nelson Society Brunch. Members of the Society are those who donate \$100 or more to the School each year.

Featured at this year's brunch were two former School of Nursing students and one former dean who spoke on the roles of nursing in a changing world.

Sunday afternoon, alumni were treated to tours of the Drayson Center and the School of Nursing skills laboratory.

The annual alumni homecoming banquet was held in the evening. Honored classes were the 50-year

classes of 1946 (Loma Linda and White Memorial), the 25-year class of 1971, and the 10-year class of 1986.

Homecoming weekend concluded with the annual Alumni Institute, which was held at the Randall Visitors Center on Monday, April 15. The topic, "Spiritual Care: From Concept to Practice," was explored by several School of Nursing faculty members and guest speakers. The keynote address was given by Rilla Taylor, EdD, RN, faculty member in the graduate nursing program at Andrews University.



During the annual homecoming banquet, Aileen Mitchell Bauer, '71 visits with fellow alumna Lucile Lewis, GS'58.

Annual Alumni Institute highlights spiritual care in the health-care field

The final event of the alumni homecoming weekend was the annual Alumni Institute, held on April 15, 1996. More than 150 people attended.

Alumni, faculty, students, chaplains, and the community were invited to participate in the Institute, entitled "Spiritual Care: From Concept to Practice."

According to Linda Johnson, PhD, RN, executive director, Children's Hospital and program chair, alumni board, the topic was chosen because it had not recently been covered, and also because of widespread interest in spiritual care.

Keynote speaker, Rilla Taylor, EdD, RN, set the tone for the day. She provided a broad overview of spiritual care, defining it and its importance.

Next, research findings from studies on spiritual care done at Loma Linda were presented. The next topic was "Spiritual

Assessment and Intervention."

Spiritual care for patients of varying age groups was discussed in presentations entitled, "Developmentally Appropriate Spiritual Care of Children," "Developmentally Appropriate Spiritual Care of Adults/Aging Patients," and "Spiritual Care at Time of Death."

The final session, "Meeting the Spiritual Needs of Nurses," was presented by Carla Gober, RN, MPH, MS, MFC, assistant professor of clinical ministry, Loma Linda University Faculty of Religion.

According to Dr. Johnson, the sessions were taped, and may be checked out from LLUMC's medical library and information center to nurses for continuing education credit. For more information, contact LLUMC's nursing staff development office at (909) 824-4322.

Alumni homecoming weekend vespers highlights missions

Along with the "traditional" events of Homecoming Weekend, School of Nursing alumni at this year's festivities were treated to something a little different. On Saturday night, the 12th of April, the School held a church vespers. The hour-long program focused on mission service at the School of Nursing.

"The School of Nursing faculty, students, and alumni have a strong commitment to mission service," says Éné Gaines, director of development for the School. "This was a unique opportunity for us to show our constituency how committed we are to this area."

The vespers consisted of presentations from SN faculty, students, alumni, and other guests, musical numbers, and a slide show, all presented by individuals who have been involved in mission service. A special conference call near the end of the program highlighted current developments in international nursing.

Through the use of a speaker phone, Jan Zumwalt, MS, RN, administrative director of medical/surgical nursing at Loma Linda University Medical Center, conducted an interview with Kerrie Clouten Kimbrow, '93GS, currently serving as vice president of nursing at Sir Run Run Shaw Hospital in China; Yie Zhi Hong (Jenny), assistant vice-president of nursing; and Bao Jia Ming (Becky), director of nursing education at SRRS Hospital, who are all currently studying at LLU School of Nursing.

During the interview, Ms. Zumwalt asked Ms. Clouten Kimbrow to discuss her work in China. Ms. Clouten Kimbrow then interviewed her Chinese counterparts, asking them to compare nursing in their homeland with nursing in Loma Linda.

The opportunity for the School of Nursing to take the vespers was given by Larry Kidder, executive coordinator for vespers programming at the Loma Linda University Church. He contacted Joan Hulse, Alumni Association secretary, who was thrilled with the idea.

"I couldn't imagine a better opportunity to let our alumni know what is going on in the School," she says. "The vespers was a very special part of the Homecoming Weekend."

Apparently, the visiting alumni agreed. Lucile Lewis, '58GS, who has been active in mission service, conducting workshops in schools of nursing in such countries as Japan, Thailand, and the Philippines, commented that the vespers gave her a lot of insight on recent outreach in the School of Nursing.

"I am so glad to see that the School of Nursing is continuing to be involved in mission service," says Ms. Lewis. "I was especially impressed with the faculty exchange and with the leadership and managerial skills of the two Chinese nurses who are visiting Loma Linda."

The School of Nursing is considering incorporating a vespers program as a permanent part of their annual Homecoming Weekend.

H.O.T. presents scholarship funds to the School of Nursing

Volunteers from H.O.T. Second-hand Store, the School of Nursing Alumni Association's main source of income for student scholarships and other SN projects, surprised Dr. King and the School of Nursing at the Alumni Banquet with a gift of \$541.

The money, a result of customer donations, was the brainchild of H.O.T. manager Joni Jones.

The money was collected in a large antique Dougelbury jar that was donated to H.O.T. about two years ago. Ever since its arrival it has served numerous purposes. This particular evening, it made quite a sight as it was passed over the podium to Dr. King.

Dr. King was pleased. "I think the work that H.O.T. is doing is wonderful," she said as she accepted the money. "I could not be more pleased with this gift."

During annual SN homecoming 30-year class gives 'surprise' gift

Every alumni homecoming weekend brings surprises: friends we have not seen in years, news about old acquaintances, unexpected arrivals. For Helen King, PhD, RN, dean, School of Nursing and the rest of the School, that surprise came in the form of a scholarship endowment from the class of 1966.

Under the leadership of class agent Dee Hart, DrPH, MPH, RN, professor, School of Nursing, the class has been working on its endowment since their 25th reunion in 1991. Encouraged by annual letters and phone calls from Dr. Hart and other dedicated class members, the endowment has been growing year by year until it reached just under \$27,000.

The purpose of the endowment was not decided right away. While some class members wanted the money to be used for faculty development,

others thought it should go towards student scholarships. In the end, it seems, they compromised.

"Our class wanted to accomplish two goals with this scholarship," says Dr. Hart. "First, we wanted to help students pay for their tuition. We also wanted to do what we could to assist current SN faculty and nurture student involvement in future nursing roles."

The resulting scholarship will be known as a mentor scholarship, and will be given to motivated senior students who wish to expand their perspectives on various nursing specialties. Recipients, who must submit a written proposal detailing career interests and chosen mentor, will work one-on-one with an expert in their field of choice for one quarter.

Their choices are broad, ranging from helping SN faculty teach sophomore

Please turn to page 24

School of Nursing alumni reminisce at annual Kathryn Jensen Nelson Society Brunch

Surrounded by flowers and confetti, guests gathered at the 13th annual Kathryn Jensen Nelson Society Brunch on April 14, 1996, to celebrate the 90th birthday of the School of Nursing. Members of the Society, who contribute \$100 or more to the School each year, were treated to an elegant brunch buffet of fruit, breads and pastries, omelettes, quiche, and a variety of drinks.

Dean Helen Emori King, PhD, RN, '59 started the program by welcoming the guests, and thanking them for their support of the School. She then introduced Marilyn Herrmann, PhD, RN, '80GS, associate dean for the undergraduate program, who offered the blessing.

As everyone was finishing their meal, Dr. King gave the guests a brief update on the School of Nursing. Keeping current with the times, she used computer technology to display the annual report.

Next on the agenda were the guest speakers: Mary Colby Monteith '22; Lucile Lewis, '58GS; and Marilyn Christian Smith, former dean of the School of Nursing.

Keeping in context with the Brunch theme, "Roles change, caring remains," the three speakers reminisced about their days as both students and faculty members at the School of Nursing.

Remarked one guest: "I have never enjoyed myself so much at a KJN

Roles change. Caring remains.

"There is a phrase in advertising which I am tempted to use to express my thoughts on changing roles, but since I don't endorse the product, I will refrain. Suffice it to say it has something to do with 'coming a long way!'"

As students, we spent every 'spare moment' on duty folding gauze into 4x4s and 2x2s. We washed, patched, powdered and packaged gloves...We drained, cleaned, and packaged rubber tubing for IVs, we cleaned and sharpened needles.... Actually all this was a way of caring...for the welfare of the patient by doing all those tasks carefully and correctly.

In a nutshell, I think roles have changed from handmaiden to the physician, to colleague and collaborator, from dependency to independency.

We were not taught how to talk, counsel, or problem solve with patients, nor were we taught interviewing skills.... Caring was shown in different ways then than now—from doing for to doing with.

Caring involves encouragement, helping people cope with health/illness-related problems, lending a listening ear. I think there is more focus now on these aspects, and more emphasis on health than disease.

I think caring is the way nurses enter into a helping relationship with people, looking at the whole person—physical, emotional, mental, sociocultural, spiritual, and environmental...bringing a little tenderness into this technological world.

—Excerpted from Lucile Lewis' speech at the KJN Brunch

Society Brunch. I loved the informal speeches and the human touch."

This casual, fun atmosphere seemed to pervade throughout the entire audience. With the combination of Mary Monteith's tales of youthful rebellion, Lucile Lewis' witty remarks, and Marilyn Smith's stories of painting projects gone awry, it was difficult to find a straight face in the room.

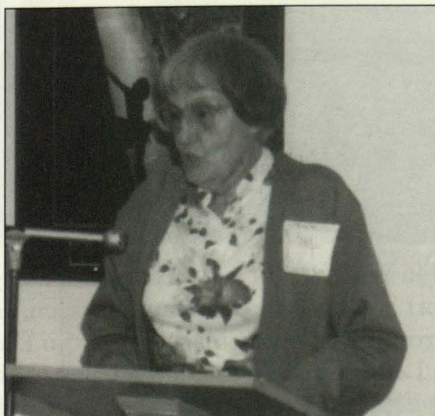
The program ended with a few

closing remarks from Dr. King, after which the guests lingered and chatted with fellow alumni. As usual, the KJN Society Brunch was one of the highlights of the School of Nursing Alumni Homecoming Weekend.

To receive a personal invitation for next year's festivities, simply donate \$100 or more to the School of Nursing within the next year. We look forward to seeing you there!



Mary Colby Monteith '22



Lucile Lewis '58GS



Marilyn Christian Smith, former dean

Honored classes



50-year class (1946 LL), (front row, from left): Nelita Piety Lull, Dolores Wiltse Johnson, Katie Holmes McGhee, Jeannie Carr Kraft, Becky Smith Crow. (Back row, from left): Katherine Lowry George, Rosalie Morisset Mitchell, Phyllis Bunch Harmon, Liz Sturges Taylor, Fay Vaughan Mills, Dot Smothermon Youngberg, Jean Rebok Heinrich, Eileen Cobb Judkins.



50-year class (1946 WM), (front row, from left): Earlyne Logan Ragsdale, L'Marie Drake, Marian Davenport Seeley, Lily Bell Darden Juden, Irene VanCurler Bowman, Virginia Jeys Osborne. (Back row, from left): Elnora Gundrum Dinning, Betty Haffner Turner, Margaret Denoyer Gooch, Lenora Bower, Bonnie Barnes Hadley, Arline Langberg Stevens, Winona Collins Gamboa, Elyse Rowe Cochran, Loretta Zendner Lapree, Lucille Parks Roos, Betty Trubey Lonnstrom, Marcella Whitney McLarty.



25-year class (1971 BS), (front row, from left): Billie Hoyt Sammons, Carol Chaffee Lewis, Gail Anderson MacAlpine, Joyce Johnston, Aileen Mitchell Bauer, Jeannie Meister Dietrich. (Back row, from left): Brenda Barker Bryant, Patricia Taylor Pothier, Barbara Nelson Bohlman, Sheryl Halverson Wells, Donna Rich Schmidt, Sylvia Ammundsen Ahn, Sally Moore Kaiser-Dyer, Cynthia Davidson DiPinto.



25-year class (1971 AS), Irena Stowbunenko Cole (left), and Ann Crookes Morvai.

Class gifts

We appreciate the generous support of the members of the honor classes who gave to the School of Nursing this year.

Class of 1966 \$27,000 (over five years)

'66 Mentor Scholarship

Class of 1946 (White Memorial) \$2,679

Dean's Student Scholarship Fund

Class of 1946 (Loma Linda) \$2,000

Dean's Student Scholarship Fund

Class of 1971 \$2,190

Dean's Student Scholarship Fund \$1,040

Other \$1,150

Two alumni of the year honored

During alumni homecoming weekend, the School of Nursing Alumni Association honored Joyce K. Johnston, '71 and Dawna Hay Sawatsky '64, as alumni of the year.



Joyce K. Johnston

Joyce K. Johnston

Had her classmates written the inscription on her plaque, it would read—"A cute, perky redhead who puts heart into her work and patients, and who dares to go where no woman has gone before." Instead it reads: "Loma Linda University School of Nursing honors Joyce Kathleen Johnston, BS, CCRN, international ambassador and bold pioneer in pediatric heart transplantation, compassionate child advocate and spirited adventurer."

Born and raised in British Columbia, Joyce Johnston came to Loma Linda on the advice of an Adventist friend, although she had received a scholarship from a Canadian school.

After she graduated from Loma Linda in 1971, Ms. Johnston was hired by the cardiothoracic surgery ICU at LLUMC.

In 1982, she joined the LLUMC Overseas Heart Surgery Team on a mission to mainland China. In 1986, she traveled to Saudi Arabia, again with the Overseas Heart Surgery Team. Over the next 10 years, she returned many times and developed an unquenchable love of travel.

It was in 1986 that Ms. Johnston became clinical transplant coordinator for LLUMC. After a three-year stint as clinical director for cardiac transplant, she was named administrative director for cardiac transplant, a position she retains today.

Joyce Johnston's name is familiar in Loma Linda and nursing communities

around the world. An expert in neonatal transplantation, she has been published in journals and textbooks such as *The Western Journal of Medicine* and *Critical Care Nursing Clinics of North America*.

She has also spoken at numerous conferences, including the World Congress of Pediatric Cardiology and Pediatric Cardiac Surgery in Paris, France.

Ms. Johnston was responsible for writing the definitive protocol for care of pediatric heart recipients and is currently entering heart transplantation data on the computer.

She belongs to numerous professional organizations, including the National Association of Clinical Coordinators and the Pediatric Heart Transplant Study Group.

Friends describe Ms. Johnston as a creative, hard-working person who will not take "no" for an answer. She is also known as a caring, loving nurse who never loses sight of the patient's needs and is the patient's best advocate.



Dawna Hay Sawatsky

Dawna Hay Sawatsky

Dawna Hay has been in high gear ever since making her first appearance on April 17, 1941, in Greeley, Colorado. After taking pre-nursing at Pacific Union College in Angwin, California, she earned a BS nursing degree, and a masters' in public health education at Loma Linda.

While her husband, Hans, finished dental school, Ms. Sawatsky practiced social work in San Bernardino and set up a work program for nurses at Riverside General Hospital.

In 1966, the Sawatskys and their

daughter, Marci, began a six-year term as missionaries in Karachi, Pakistan, where Ms. Sawatsky taught at the School of Nursing and presented health education programs for the Karachi Seventh-day Adventist Hospital.

Upon returning to the U.S., Dr. Sawatsky set up a practice in Willits, California, and Ms. Sawatsky became involved with youth in the church. In addition to starting a Pathfinder club, she started a Mom's Club which attracted non-Adventist mothers and children.

Ms. Sawatsky has promoted health education extensively in both her church and community.

She was Vacation Bible School director for many years, led the Youth Sabbath School, and presented health programs for children at Redwood Camp Meeting.

For several years Ms. Sawatsky taught health and nutrition at her local community college. She also worked as health educator for the public health department of Lake County, California.

Other responsibilities included a radio program and a weekly column for the local newspaper—all promoting health as understood by Adventist Christians.

Ms. Sawatsky now travels the world giving health lectures for evangelistic campaigns. Her projects have included working with Elder Doug Batchelor in Stavropol, Russia; helping Elder Dale Galusha in Tyumen, Siberia; and giving health lectures in Athens, Greece with Dan Matthews from *Faith for Today*.

While on these campaigns, Ms. Sawatsky performed health tests and gave children's health talks. She paid her own way on the journeys, twice sponsoring her son, Vonn.

She has had her lessons, which were written specifically for the regions where the campaigns were given, translated into Russian, Polish, and Greek.

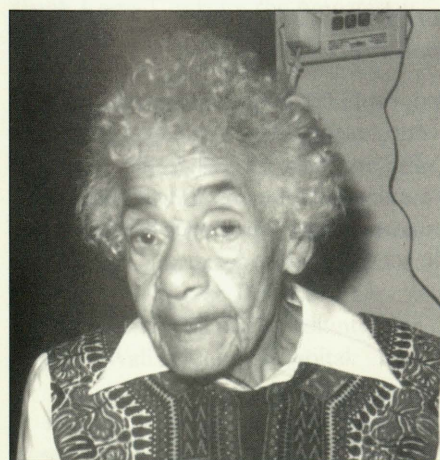
Ms. Sawatsky wrote a children's book to give out at the meetings, and has recently learned that a second run of 10,000 is being printed.

She has been asked to put her health lessons into book form. So off she goes on another major project! This is life as Dawna Sawatsky leads it.

On the alumni trail

It was on a cool, foggy Napa Valley afternoon that I found myself whizzing mindlessly along Silverado Trail, past the hilly vineyards and clusters of grapes, eager to reach my destination: the tiny, picturesque town of Yountville, California.

Had it been another day, I might have lingered in the fresh spring air, breathing in the pure oxygen that I missed so in my current Southern



Janet Fletcher Lane '23

California residence. But on this particular day, I had an agenda.

Pulling into the parking lot of the Napa Valley Seventh-day Adventist Retirement Estates, I took a deep

breath and glanced in the mirror for any visible signs of anxiety. This was it. Grabbing my overstuffed bag of School of Nursing goods, I headed inside.

April 8, 1996—my first “official” School of Nursing alumni visit. As the newly appointed managing

editor of *Loma Linda Nurse*, I have had the opportunity to be in touch with several alumni over the past few months. It was while interviewing one of these alumna over the phone in November that a thought struck me: why can't I visit her in person? I knew that Mary Colby Monteith, '22, lived in Yountville, only 20 miles drive from my hometown of Angwin. Having already planned to visit my parents the following week, I asked Mary if I



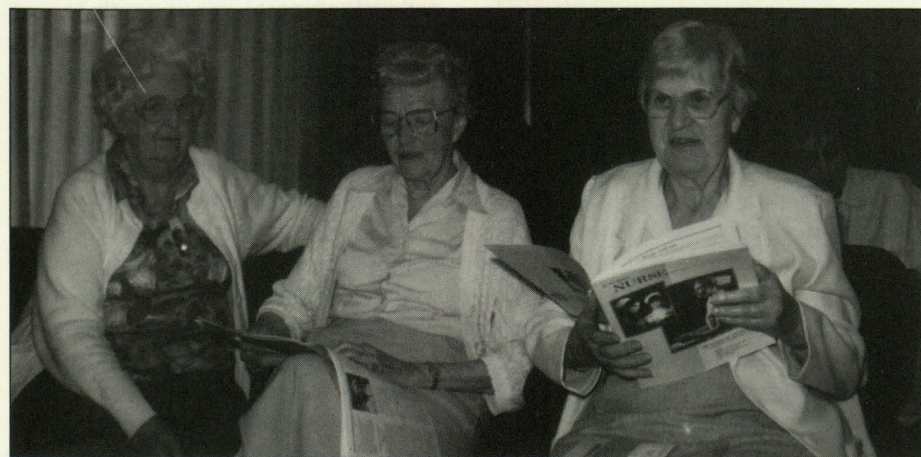
Mary Colby Monteith, '22 and Edythe Cone, '62, who live at the Napa Valley Seventh-day Adventist Retirement Estates in Yountville, California, catch up on some of their favorite reading.

might visit her at the same time.

After a few visits with Mary, and similar visits with alumni in the Loma Linda area, I realized that not only were these meetings valuable for my publication, but very enjoyable as well. Then came *The Idea*: why couldn't I compile a list of all the SN alumni in the Napa Valley and systematically try to visit them all? After all, these visits were productive and fun, and if I could squeeze an extra day or two out of my trips home, so much the better.

Thus, I found myself preparing for the first (I hope) of many journeys northward. I chose to begin in Yountville because there seemed to be a healthy concentration of alumni at the Seventh-day Adventist Retirement Estates, and I thought that might be a good place to get a group together.

After my initial nervousness wore off, I spent a very pleasant hour visiting with the six SN alumni (and one husband) gathered there: Mary Colby Monteith, '22; Lillian Temple, '31; Aline Tait, WM'34; Pauline Neal MacPherson, WM'35, '65GS; Lucile Lewis, '58GS; Edythe Cone, '62; and



On the alumni trail, Loma Linda Nurse managing editor Dionne McDonald visited with: (from left) Aline Tait WM'34; Pauline Neal MacPherson WM'35, '65GS; and Lillian Temple '31 in the Yountville Adventist Retirement Estates.

Lillian's husband, Arthur.

I brought the alumni greetings from Dr. King and the rest of the faculty and staff at the School of Nursing, shared some basic information about the current student population, showed them some pictures I had brought along, and attempted to field a few questions about the School. Except for one or two particularly difficult questions posed by Lucile, I felt that I made at least a reasonable effort to satisfy the group.

Then it was time for me to sit back and listen. I asked the ladies to share with me some of their favorite memories from nursing school, and for the next few minutes they entertained me (and each other) with tales of earthquakes and elbow grease, hemlines and harsh instructors. I hope that they enjoyed talking about their days at Loma Linda as much as I enjoyed listening.

Too soon it was time for me to go. In addition to this group visit, I had also

scheduled two individual visits that day, and I didn't want to keep my afternoon appointments waiting. So with a few parting remarks, I said goodbye.

Later that day, I had the opportunity to visit with Pearl Steen Willis '22, and Janet Fletcher Lane '23 as

well. Both ladies seemed glad for my visit, and I especially appreciated their willingness to share photographs from their nursing days.

One busy day, many new friends. I feel fortunate to have had this



Pearl Steen Willis, '22 and her niece, Veradean Gregg, who live in the Napa Valley, recently received a visit from Loma Linda Nurse managing editor Dionne McDonald.

opportunity, and look forward to future ventures.

I'm not quite sure where my next journey will take me, but who knows? I might just end up at your house. Better leave the light on for me.

Nursing knowledge

Quality has its price: technological advances in health care mean rising costs in the School of Nursing.

1905

Room, board, tuition, etc. = \$15/month
Total/3 terms = \$157.50
Matriculation fee = \$1/term
Lab fee = \$1-\$5
Total/year = \$174-\$186

1925

Tuition = \$50/year
Uniforms, books, etc. = \$50-\$75
Library fee = \$50
Deposit = \$15
Graduation fee = \$5
Lab fee = \$2.50
Entrance fee = \$1
Total/year = \$173.50-\$198.50

1945

Tuition = \$50/year
Entrance fee = \$105/first year
\$62.50/second and third years
Initial deposit = \$20

Matriculation fee = \$15
Evaluation and library fees = \$6
Recreational fee = \$1
Infirmary fee = \$15
Lab fee = \$3.50
Graduation fee = \$10
Alumni fee = \$5 (one-time fee)
Supplementary exams = \$1
Total/year = \$154-\$231.50

1965

Tuition, activity fees and supplies:
Sophomore year = \$1,060
Summer session = \$132
Junior year = \$940
Senior year = \$973
**Total/3 years = \$3,105*

1995

Less than 13 units = \$315/unit
13-16 units = \$12,285/yr
Over 16 units = \$160/unit
Graduate students = \$325/unit
**Total/3 years = \$36,855*

**Does not include living expenses.*

**Watch for the next issue of
Loma Linda Nurse,
September, 1996.**

Surprise gift...

Continued from page 18

nursing classes, to working in an international setting, to assisting with research. The students will be granted scholarship money for their work, which will help subsidize their school bill.

That the School would eventually be receiving money from the endowment was not a mystery. How much the class would give, however, as well as the purpose of the impending endowment, was revealed only at the School of Nursing alumni banquet on Sunday night, the 14th of April.

"We appreciate the time, energy, and dedication that the class of '66 has put into this scholarship," said Dr. King. "The class has set a standard with the mentor scholarship, and we are pleased to be the recipients of such a well thought out gift."

Near and far

1930s

Luella Toews Cornwell '34 says that she has retired as a nurse but is keeping busy spreading the good news. Whenever she goes shopping she likes to share Jesus by distributing copies of *Steps to Christ* and *The Desire of Ages*. She is proud of her children: two are teachers and one is the Conference treasurer. Luella and her family are anxiously waiting God's return.

1940s

Juanita Wagner Holm '42 wants to thank Loma Linda for the preparation given to her and her husband Jess (SM '51) for their years of mission service. Although Juanita has been fighting cancer for over a year, her spirits are high, and she has had "a wonderful year filled with love and concern." She is thankful for her family: twin daughters who are both nurses, one son, and her husband of 47 years. In spite of her illness, Juanita still enjoys volunteering at Walla Walla General Hospital.

Bethel Craig Wilson WM'42 writes to say that she and her husband Donald are retired and living in southwest Washington state, where they keep busy with their garden, large lawn, church activities, and a "wee bit of travel." Bethel has had an active career which included bedside nursing and OR nursing. The couple has two daughters (one of whom is a missionary in Africa), and five grandchildren. They have been married 54 years and have enjoyed wonderful hobbies such as mountain climbing, backpacking, and photography. Bethel says that God has been good.

Since retiring from her position of nursing administrator at Feather River Seventh-day Adventist Hospital in Paradise, California, **Violet Evans Brehm '44** has been leading a very fulfilling life ministering to her church group in Paradise, California, where she has lived for 23 years. She writes, "For many years I have been doing church welcome wagon visitation for newly moved-here members. (I bring them

a big folder of material telling of the area, as well as about the church they are joining. I have prayer with the new families and give them a welcome to their new church. Recently I felt the need for material about our church for the newly baptized. So...I have enjoyed visiting these new families with material explaining various Sabbath School classes and approaches so they may choose a group to fit their needs." Violet also takes it upon herself to hand out printed material explaining many of the Seventh-day Adventist vocabulary words to help newcomers adjust. In addition, she ministers to the sick and lonely people in her neighborhood. She "wants to be used by the Lord wherever He leads." Violet enjoys spending time with her two children and four grandchildren, and has just discovered that she will soon be a great-grandmother.

1950s

In a recent letter from **Virginia Bentz-Butler '50**, we learned of her involvement with the Hartland Wellness Center, located in Rapidan, Virginia, where she and her husband moved in 1993. He is now the resident doctor there, and she helps in whatever areas are needed. Virginia's strong advocacy for preventative medicine and years of mission service have prepared her for her work at the Center. She loves the chance to interact with people and help them change their lifestyles.

1960s

Harriet Dinsmore Johnson '63GS tells us that she is enjoying her new grandson, John Patrick Burns, who was born in August, 1995.

Congratulations to **Betty DeWind Robertson '69GS**, who has just completed 50 years of nursing service! She received her LPN in 1945, her RN in 1955, and retired in 1995. During that time she devoted 15 years of her career to mission work for the Inter-American Division in the Caribbean Islands. All the best Betty! Enjoy your

retirement.

1970s

We are proud to recognize **Arlene M. Zahradnick Van Horn Carter '75GS**, who recently won the 1995 Federal Nursing Service Award, presented by the Association of Military Surgeons of the U.S., for her paper entitled "Case Management and Psychiatric Inpatient Recapture." The paper is scheduled for publication in *Military Medicine*, April, 1996. This is the second article that Arlene has published in *Military Medicine*. The first was entitled "Military Management versus Contractor: The Polk Experience," in May, 1995.

Elizabeth Pancoast '76 has recently changed her nursing focus from intensive nursing to the nursery, and is taking courses for LDP.

1980s

A. Gretchen Orman McNeely, DNSc, RNC '83GS will assume the position of dean at the St. Mark's-Westminster School of Nursing at Westminster College of Salt Lake City, Utah, on July 1, 1996. Dr. McNeely previously served as assistant dean of the College of Nursing at Montana State University (MSU) in Bozeman, Montana, and taught pediatric nursing on the Missoula campus of the MSU College of Nursing (1983-1990). She has a doctorate in Nursing Education Administration, which she completed at the University of San Diego in 1993.

Kathleen Ann Miller-Anderson '84, '85BS feels so blessed to have met "the most wonderful man in the world," and be able to "retire" at age 34. She says that she "toiled in the fields of Boaz" and God was faithful to reward her.

LTC Lois Wilson '87 is enjoying her miniature horse, Koko, whom she describes as "my size of horse." She says that she can even walk him! She sends her love to all from the School of Nursing.

Alumni Achievements

If your children have been through the Seventh-day Adventist school system, you have undoubtedly already encountered Dr. Joyce Hopp '48. As a nationally known health educator and promoter, Dr. Hopp has worked with the Office of Education, North American Division of the General Conference of Seventh-day Adventists to develop K-12 health-science textbooks for many years.

But if you think that's all there is to Dr. Hopp, think again. Throughout her career, Joyce Hopp has, in some capacity, been involved in five of the six schools on the Loma Linda University campus.

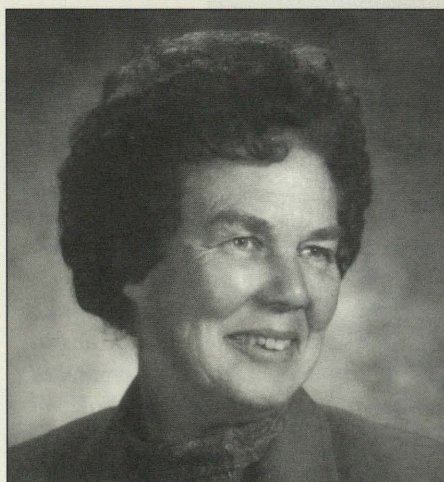
A graduate of the School of Nursing, she is now the dean of the School of Allied Health Professions and a faculty member in the School of Public Health and the School of Medicine. She has also taught in the School of Dentistry.

Dr. Hopp has had a long and varied career. After obtaining her diploma from the School of Nursing in 1948, she attended Walla Walla College in Walla Walla, Washington, where she earned a BS in nursing education in 1951.

While in her senior year at LLU, she was sent to various area churches and summer camps, where she developed an appreciation for the importance of health education. She credits the School of Nursing for recognizing her needs and desires in this area, and for arranging for her to continue on in these experiences.

After graduating from Walla Walla, she accepted a health education position in the Upper Columbia Conference of Seventh-day Adventists. Joyce's duties in the Conference encompassed everything from teaching in church schools, to holding cooking seminars, to speaking at every one of the 60 churches in the Conference.

It was in 1954 that Joyce Hopp



Joyce Hopp '48

decided to go back to school. Having heard about a scholarship opportunity from Harvard University, she applied, and received a full scholarship to earn her master's in public health. This was the only year Harvard ever offered such a scholarship. Joyce says that she "applied on the need of the Seventh-day Adventist Church for professionally trained health educators." Apparently, someone at Harvard agreed that this was a worthwhile endeavor.

Immediately following the granting of her master's degree came a job offer to work for the General Conference—a position she retained for nine years. During this time, Dr. Hopp visited every Adventist academy in North America, as well as all denominational schools of nursing and hospitals. She also attended several teachers' conferences each year. In the midst of her public speaking and teaching engagements, she edited a bulletin showing teachers how to teach health education.

Only after her children were born did Joyce take a break. From 1964 to 1967, she stayed home to take care of her daughter, Helen, and son, Harold. By this time, the Hops had moved to Loma Linda, where the School of Public Health was just getting off the ground. Dr. Hopp was asked to join the newly developing faculty as a professor

of health promotion and education.

She remained in the School of Public Health even after she joined the School of Allied Health Professions in 1986. In the middle of all this, she managed to obtain her PhD from the University of Southern California in 1974.

Now dean of the largest of the six schools on campus, one that has almost tripled its size in the 10 years under her leadership, Dr. Hopp attributes much of her successful career in health education to her training at the School of Nursing.

"The School of Nursing has consistently taught in concepts, not in mere collection of facts," she says. "The concepts are easily transferable from one situation to the next, so that wherever nursing graduates land, they always land on their feet."

Dr. Hopp enjoys the fact that, as dean, she has had the ability to create a positive atmosphere for teaching. She understands the importance of allowing faculty members to do what they need to do to make teaching a fun profession, and she tries to provide the resources for them to do so.

As for the not-so-pleasing aspects of deaning, student discipline is at the top of her list. "It seems that the worst problems always end up in the dean's office," she remarks. "It is sometimes difficult to make sure that everyone is treated fairly, while still maintaining the operation of the School."

Throughout her career, Dr. Hopp has been the recipient of numerous awards, both for her teaching, and for her association with the health profession. Among these awards are the Woman of the Year: Work/Professional Life Award, given in 1987 by the General Conference; the University Distinguished Service Award, awarded by Loma Linda University in 1991; and her most recent award: University Alumnus of the Year, which she received in June, 1995.

The School of Nursing is proud of alumnus Dr. Joyce Hopp. May she continue on in her health education endeavors for years to come.



This charming miniature horse, Koko, belongs to LTC Lois Wilson, '87.

1990s

Carol Baker Campbell '91 is currently working on her FNP degree from Georgetown University in Washington, D.C. She plans to finish in the fall of 1996. She thanks the School of Nursing for the support she was given while working on her BSN.

Holly Magi Barringham '92, and her husband Jim Barringham, LLU-La Sierra '92 became the proud parents of a baby girl, Dana Margaret Barringham, on July 31, 1995. Holly and her family are living happily in St. Joseph, Michigan, where she works as a nurse-consultant for injury cases at the law firm of Keller and Keller, and Jim is a senior product engineer for Leco Corporation.

Linda Ellis Jones '92, has had a very eventful life since graduating from LLUSN. She was promoted to Lieutenant j.g. at the Naval Hospital in Twentynine Palms, California, where she received her RNC in maternal-newborn nursing. While in Twentynine Palms, she received special recognition for her efforts in helping the Naval Hospital obtain a Certificate of Intent to the Principles of the global Baby-Friendly Hospital Initiative. Linda, her husband Curt, and their children recently moved to Colorado.

In memoriam

Katherine E. Hansen Magan '18
Vera Robertson Knight '27
Lucille Axelsen Turbyfill
WM'32
Noema Maas Knopf WM'33
Erma R. Perry Szabo WM'33
Hazel P. Miracle Burnham '34
B. Eldene Childs WM'39
Viola Tonn Draeger '43
Laura Herman Glover WM'44
Joylyn Grace Jennings
Young '59B
Gwendolyn Peters Miracle
'62GS
Linda Fewell Kizziar '66

Gertrude Elizabeth Taylor '23 ("Munga") was born on February 23, 1901, in LaCrosse, Wisconsin, to Edward and Gertrude Taylor. Elizabeth was baptized into the Seventh-day Adventist church when she was 13. She started the nursing course at Hinsdale Sanitarium, but when her brother, Mosser, went to Loma Linda to study medicine, she and her mother joined him there. She finished the nurses' course at White Memorial in 1923.

While at Loma Linda, Mosser introduced her to Elmer Nelson. Elmer finished medicine in 1924 and they were married in 1926. Between the period of 1931 and 1939, the Nelsons had three daughters. In 1947, the family was enlarged with the adoption of two boys.

When Elmer Nelson passed away in 1983, Elizabeth moved in with her daughter, Frances, and son-in-law Ray, where she lived until she passed away on February 4, 1996. She is survived by five children, five grandchildren, and five great-grandchildren. Elizabeth will always be remembered for her love for the Lord, loving disposition, gracious spirit, and optimistic attitude.

Geraldine (Gerrie) Connell Guthrie '30, passed away in March, at age 89, in Toledo, Ohio, after an extended illness. Born in Columbus, Ohio, on June 14, 1906, to Arthur and Ota Connell, she married William L. Guthrie in 1932. She had one younger brother Buss, who died in 1941. After starting her nurses training in Murray, Kentucky, she transferred to

Loma Linda, where she received a 97 percent on her State Board Exams.

In 1942, Gerrie and Bill, along with their daughter Marilynn, moved from Takoma Park, Maryland, to a farm near Galion, Ohio, where they lived for 46 years. After moving to Galion, Gerrie served as a nurse in most of the area hospitals at one time or another, spending most of her time at the Crestline Memorial Hospital.

After she quit working at the hospital, she cared for her mother at home, as well as several others who needed her. The last years of her life were spent helping around the farm, gardening, and checking up on the lambs during lambing season.

Gerrie will be remembered for her warmth and hospitality, and for always being available to help others. She will be missed by her family and friends.

We want to hear from you! *Loma Linda Nurse* is seeking news about SN alumni for our newsnotes section. Send information and photographs if you have them to:
Loma Linda Nurse, c/o DIONNE McDONALD, MAGAN HALL, SUITE B, LOMA LINDA UNIVERSITY, LOMA LINDA, CA 92350

Editors' apologies:

In the Winter, 1996 issue of *Loma Linda Nurse*, we stated Maxine Atteberry's date of graduation as 1934 ("Deans of the School of Nursing," page 8). The actual date she received her diploma from White Memorial was 1933. Thank you to our readers for pointing this out to us.

In the "Near and Far" section, we have discovered an error in the newsnote for Mrs. Violet Evans Brehm '44. Please see this edition of "Near and Far" for a correct update of Mrs. Brehm's life.

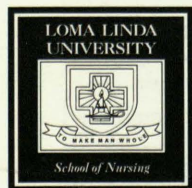
For those of you wondering why Kathryn Jensen Nelson seems to wear a different face on page 25 ("House of Thrift: Where We Came From—Where We Are Going"), you might be relieved to know that this photo is actually of Olive Roberts '37, not Ms. Nelson. We're sorry, Olive! Our mistake. But you have to admit, there is a slight resemblance!

Loma Linda

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